

Lanacane

Patient Information Leaflet

Please read this leaflet carefully before you take your medicine. If you need further information or advice, ask your doctor or pharmacist. This leaflet applies only to **LANACANE**. Please do not throw it away, as you may need to refer to it again.

What is Lanacane?

LANACANE is an anaesthetic cooling cream. The active ingredient is Benzocaine 3% w/w. It is formulated to provide fast relief from itching and irritation. Benzocaine works on the skin surface to anaesthetise skin cells, to stop itching and irritation fast and eliminate the urge to scratch.

LANACANE also contains Chlorothymol, Diethylene Glycol Monoethyl Ether, Docusate Sodium, Perfume, Glycerol, Glycerol Monostearate, Isopropyl Alcohol, Stearic Acid, Sulfonated Castor Oil, Trolamine, Purified Water, Zinc Oxide.

LANACANE is available in tubes of 30g and 60g.

The Marketing Authorisation for Lanacane is held by Combe International Ltd., Croydon, Surrey, CR9 2AU, U.K. The manufacturer is Laleham Healthcare, Alton, Hants, GU34 2QR, U.K.

What is Lanacane used for?

LANACANE can be used for many common skin problems. It can be used to provide relief from the itching and irritation of dry skin, everyday cuts, scrapes and skin chafe, external vaginal and anal itching, heat rash, nettle stings and non-poisonous insect bites and stings.

When NOT to use Lanacane

- * **Do not use LANACANE** for more than one week.
- * **Do not use LANACANE** on large body areas.
- * **Do not use LANACANE** on the eyes.
- * **Do not use LANACANE** on children under 12 years of age.
- * **Do not use LANACANE** in pregnancy without first consulting your doctor.
- * **Do not use** if you are sensitive to any of the ingredients. If this or any other side effect occurs, stop use of **LANACANE** and consult your doctor.

What special precautions should be taken when using Lanacane?

LANACANE is for external use only.

If symptoms persist for more than one week, consult your doctor. On rare occasions a persistent itch may be a sign of another condition that only your doctor can diagnose and treat.

LANACANE should only be used on adults and children over the age of 12 years.

How much Lanacane should I use?

Usually a 3-5 cm strip of cream is sufficient to treat the affected area. You can repeat the treatment as needed up to 3 times daily for up to one week. If you have general itching all over your body, consult your doctor.

Are there any unwanted side effects?

On "very rare occasions, the use of **LANACANE** can result in a skin reaction called sensitivity. This could become apparent by reddening of the skin, minor swelling, blistering, or through an intensification of the itch. In the unlikely event that you experience these symptoms, stop using **LANACANE** and consult your doctor for advice.

What is an itch and how is it caused?

Most scientists agree that an itch is a mild form of pain. An itch can have many different causes such as; dry skin, cuts, chafe, heat or nettle rash, insect bites and stings, external genital irritation or it can be a symptom of other more serious conditions.

Does Lanacane stop all kinds of itching?

LANACANE can relieve all common skin itches. If you are suffering from over-scratched dry skin, chapping, cuts, chafes or scrapes, insect bites or external vaginal or anal itching then **LANACANE** can be safely used to provide fast relief. These types of itches are usually temporary.

How should Lanacane be stored?

LANACANE should be stored below 25°C in a safe place where children cannot reach it.

Do not use after the expiry date shown on the packaging.

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